

# Community Outreach for COVID-19 Vaccine Information

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**MESA COUNTY  
PUBLIC HEALTH**  
*Working Together for a Healthy Community*

# Purpose & Objectives

To provide community partners with accurate information about the COVID-19 Vaccines available in Mesa County.

- **What vaccines are available?**
- **Who can be vaccinated?**
- **How are the 3 vaccines the same and how are they different?**
- **What are common side effects?**
- **How do I get a vaccine?**
- **Questions and Answers**



# COVID-19 Vaccine

Getting vaccinated will help keep you, your family, and your community healthy and safe!

**There are now 3 vaccines available in the United States:**

Moderna, Pfizer, and Johnson & Johnson (or Janssen) vaccines

**Who can be vaccinated?**

We are currently vaccinating individuals in Phase 1.B.4 as well as anyone who fit into any of the earlier phases.

We anticipate moving to Phase 2 (which includes the general public) very soon.



# What do the three vaccines, Moderna, Pfizer, and Johnson & Johnson have in common?

All three vaccines are extremely effective at preventing severe disease

All three vaccines were reviewed by a safety board and the FDA

You can not get COVID-19 from any of the vaccines

None of the vaccines contain preservatives like mercury, eggs, gelatin, or latex

None of the vaccines cause infertility

None of the vaccines contain microchips

None of the vaccines change your body's DNA

***We know that ALL of the vaccines prevent severe disease,  
decrease deaths from COVID-19 and  
help prevent overburdening our healthcare system.***



## **Moderna** (for ages 18 and over) and **Pfizer** (for ages 16 and over) **Vaccines**

Do NOT contain any actual virus, you can not get COVID-19 from either of these vaccines

Both vaccines require 2 doses

Pfizer: second dose is given 3 weeks after you get your first dose

Moderna: second dose is given 4 weeks after you get your first dose

You need to get two doses of the SAME vaccine from SAME location

You are considered "fully vaccinated" 2 weeks after receiving your second dose of the vaccine

Vaccine delivers a small piece of genetic material called mRNA into the cell

Vaccine contains PEG, polyethylene glycol- a possible allergen

## **Johnson & Johnson (Janssen)** ( for ages 18 and over)**Vaccine**

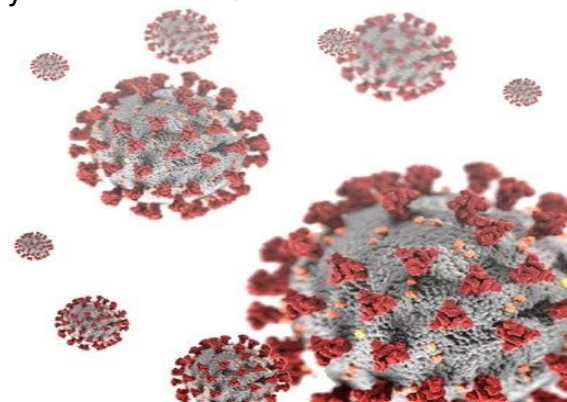
Vaccine contains an inactivated adenovirus that can not replicate or cause COVID-19 or any other disease

Requires only ONE dose

Protection begins as early as 2 weeks after receiving the vaccine and by 4 weeks you are considered "fully vaccinated"

Vaccine delivers a small piece of genetic material called DNA into the cell.

Vaccine contains polysorbate-80, a possible allergen.



## Will I have side effects with the vaccine?

After getting vaccinated, you may have some side effects, which are normal signs that your body is building protection!

The most common are arm pain, low fever, chills, headache, tiredness, and body aches. These side effects should go away in a few days. For some people, their side effects may affect their ability to do daily activities, these should also do away in a few days. Some people have no side effects at all!

Side effects after your second shot may be more intense than the ones you experienced after your first shot. These side effects are normal signs that your body is building protection and should go away within a few days.

It is important to remember that unlike getting an actual infection from the COVID-19 virus, these mild side effects from the COVID vaccine go away in a few days and you are NOT contagious to anyone else.



## **Who should NOT get the vaccine?**

Any one who has had a severe allergic reaction to an ingredient in the vaccine or to another vaccine should contact their doctor.

## **Why do we need to continue to wear masks?**

While the vaccines are very effective at preventing severe and symptomatic COVID-19 infections, we still do not know if you can pass on the disease after being vaccinated. The risk of this is thought to be low but until more time passes and research tells us more, it is recommended that you continue to wear a mask, practice social distancing, avoid crowds, and wash your hands.

## **Do I have to quarantine after my vaccine if I am exposed to COVID-19?**

You do not need to quarantine if you are FULLY vaccinated and you do not have any symptoms.



## Where can I get the vaccine?

Once you qualify for the current phase of vaccination, you can sign-up with:

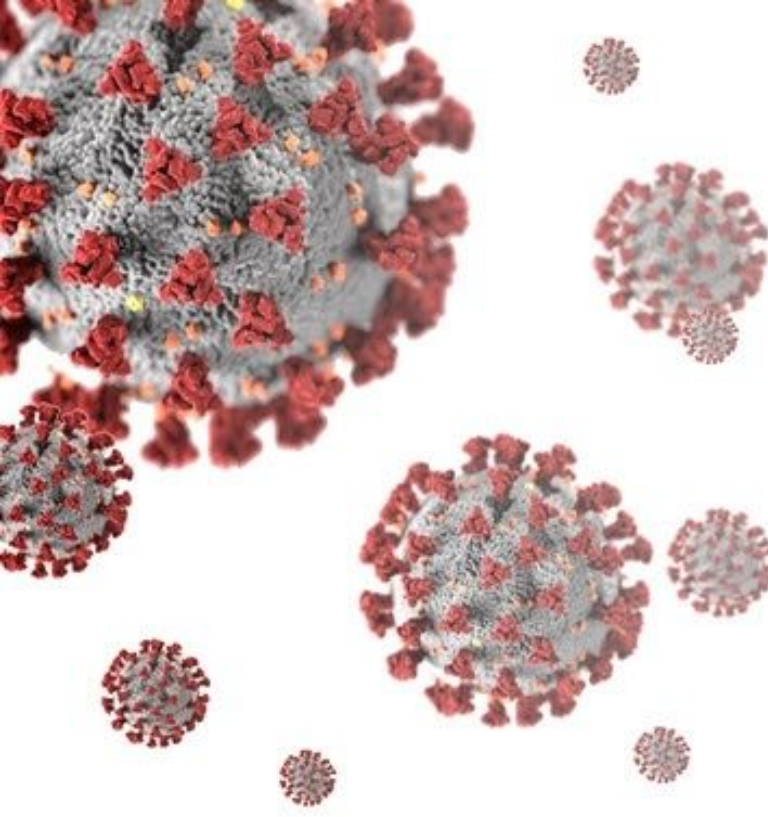
- The MCPHD at the Grand Junction Convention Center. Make your own appointment on our website **health.mesacounty.us**
- A local pharmacy or physician office: find locations by going to **health.mesacounty.us/vaccine-provider-list** and follow links to each location for appointment scheduling
- There is NO charge for the vaccine
- ID is not required to get the vaccine

## Where can you find more information?

- The Mesa County Health Department website: **health.mesacounty.us** or call **970-248-6900**
- MCPH Spanish-language line **970-255-3700**
- Contact us at **julie.hartshorn@mesacounty.us** or **meg.thornton@mesacounty.us** to schedule a vaccine presentation.







*Which is the best vaccine?*

The **BEST** vaccine  
is the  
**FIRST**  
vaccine that you can get!

Q & A



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